

# Activity 31

## Setting Up Short-Term Goals

**Directions:** For each of the long-term goals identified below, describe five short-term goals that could help a person achieve it. Consider what resources are available and think about priorities as you list the short-term goals.

1. **Goal:** Form a group of teens who will work on a regular basis with children at the elementary school who have disabilities.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

2. **Goal:** Start a jazz band.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

3. **Goal:** Organize a fundraiser for the basketball team.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_