



## Bev's Mac and Cheese

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Rated: ★★★★★

Prep Time: 10  
Minutes

Ready In: 20  
Minutes

Submitted By:  
Andrew

Cook Time:  
10 Minutes

Servings: 5

"Use your microwave to cook up a simple, creamy sauce of milk, flour, butter and shredded Cheddar cheese to pour over cooked macaroni. Try experimenting with different varieties of cheese to make this homey dish your own."

### INGREDIENTS:

1 cup elbow macaroni	salt and pepper to taste
1 cup milk	2 tablespoons butter
3 tablespoons all-purpose flour	1 cup shredded Cheddar cheese

### DIRECTIONS:

1. Bring a large pot of lightly salted water to a boil. Add pasta and cook for 8 to 10 minutes or until al dente; drain and reserve.
2. In a microwave-safe bowl, combine milk, flour and salt and pepper to taste; whisk or beat until smooth. Add butter and cheese; microwave on high for 5 minutes and whisk until smooth. Microwave for an additional 4 to 5 minutes and whisk or beat until smooth and no lumps remain.
3. Add cooked pasta to mixture; stir and serve.

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