

Down

1. to reach your full potential
3. a doctor who treats skin disorders
6. a period of great growth and change between childhood and adulthood
7. capable of development into actuality
8. the passing on of traits from parents to their children
9. value
11. how long something can last
12. a mental picture of yourself
13. the things you do to care for your physical appearance
15. a sense of confidence and self-worth